

29 January 2021

Dear Parents and Students

HOUSE SPORT COMPETITION

In the week beginning 8th February, we are running a House Sport Competition called **The Round the World Challenge**. Each year group, in their Games session, is going to be asked to run or walk (or a combination of the two) for 40 continuous minutes. We are asking all students to download the [Strava](#) App before the Games session so they can track their distance covered in this time. They will then upload a screen shot of the finished map to an assignment, set by their PE teacher, and also complete a very short MS form. We will then add all attempts from each student to a House total. As RGS Houses we are trying to (virtually) get as far away from RGS as we can! The winner will be the House that travels the greatest distance.

To add even further excitement to the challenge, we will also add up all miles run/walked to create an RGS total, to see how far we can get as a school. John Hampden Grammar School, Aylesbury Grammar School and Sir Henry Floyd Grammar School are all going to join in the challenge, so the competition is across Bucks and not just for the house system.

Students need to be able to download or have access to a Strava account and mobile phone (or smart watch) in order to enter the event. Students have to be over 13 years old to get an account so students in Year 7 and 8 will need the support of a parent to be able to enter. The app won't work indoors, so you must travel outside to gain access to the satellite. It will however track multiple routes, so you could do laps in your garden, if you did not want to leave the home area.

Full joining instructions will be given to students by their PE teacher.

I look forward to some excellent mileage from all students!

Yours sincerely

Dan Pettifer

Director of Sport

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