

SPORTS TRAINING & CLUBS

HALF TERM 2

1 November to 16 December 2022

MONDAY				
Time	Activity	Age Group	Location	Changing Room
Break	Fives	Yr 9	Fives Court	n/a
Lunchtime	Rugby Squad S&C	Yr 11	Gym	8, 9, 10
	Hockey - Penalty Corners	Yr 11	Astro	4, 5
	Basketball	Yr 10	Court	1
	Fives	Yr 12-13	Fives Court	n/a
	Leisure Gym	Yr 9-13	Gym	8, 9, 10
After School 15:45-17:00	Senior Rugby Squad S&C	Yr 12-13	Gym	9, 10
	Rugby/Speed	Yr 8	Astro	2, 3
	Rugby/Speed	Yr 9	Pitches	1
	Hockey Squad	Yr 7	Astro	4, 5
	Leisure Gym	Yr 9-13	Gym	9, 10
	Rowing	Yr 9/10/12/13	Pavilion	8
After School 17:00-18:00	Rowing Squad S&C		Gym	9, 10

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TUESDAY				
Time	Activity	Age Group	Location	Changing Room
Pre School 07:30-08:30	Cricket Squad S&C	Yr 11-13	Gym	9, 10
Break	Fives	Yr 7	Fives Court	n/a
Lunchtime	Rugby Squad S&C	Yr 10	Gym	8, 9, 10
	Hockey - Penalty Corners	Yr 10	Astro	4, 5
	Basketball	Yr 11	Court	1
	Fives	Yr 8-9	Fives Court	n/a
	Leisure Gym	Yr 9-13	Gym	8, 9, 10
After School 15:45-17:00	Rugby Squad S&C	Yr 11	Gym	9, 10
	Senior Rugby/Speed	Yr 12-13	Pitches	2, 3
	Hockey Squad	Yr 8-9	Astro	4, 5
	Leisure Gym	Yr 9-13	Gym	9, 10
	Rowing	Yr 9/12/13	Pavilion	8
	Fives	Yr 12-13	Fives Court	8
	Table Tennis	Yr 7	Queen's Hall	1
After School 17:00-18:00	Rowing Squad S&C		Gym	9, 10

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WEDNESDAY				
Time	Activity	Age Group	Location	Changing Room
Pre School 07:30-08:30	Hockey Squad S&C	Yr 10	Gym	9, 10
Break	Fives	Yr 12-13	Fives Court	n/a
Lunchtime	Senior Rugby Squad S&C	Yr 12-13	Gym	8, 9, 10
	Hockey - Penalty Corners	Yr 8, 12/13	Astro	4, 5
	Basketball	Yr 9	Court	1
	Fives	Yr 10-11	Fives Court	n/a
	Leisure Gym	Y9-13	Gym	8, 9, 10
After School 15:45-17:00	Rugby Squad S&C	Yr 10	Gym	9, 10
	Rugby Squad/Speed	Yr 7	Astro	1, 2, 3
	Leisure Gym	Yr 9-13	Gym	9, 10
	Fencing	Yr 8	Marquee	Swimming Pool
	Rowing	Yr 9-11	Pavilion	8
	DART Karate	Yr 7-13	Queen's Hall	4, 5

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THURSDAY				
Time	Activity	Age Group	Location	Changing Room
Break	Rugby Squad S&C	Yr 9	Gym	9, 10
	Fives	Yr 10-11	Fives Court	n/a
Lunchtime	Leisure Gym	Yr 9-13	Gym	9, 10
	Hockey - Penalty Corners	Yr 9	Astro	5
	Hockey Squad S&C	Yr 9	Gym	9, 10
	Basketball	Yr 8	Court	8
	Fives	Yr 7	Fives Court	n/a
	Cross Country	Y7-13	Pitches	4
After School 15:45-17:00	Rugby Squad S&C	Yr 9	Gym	9, 10
	Rugby Squad/Speed	Yr 10	Pitches	2
	Rugby Squad/Speed	Yr 11	Pitches	3
	Hockey Squad	Yr 10-13	Astro	1, 4, 5
	Leisure Gym	Yr 9-13	Gym	9, 10
	Fives	Yr 7	Fives Court	8
	Rowing	Yr 10/12/13	Pavilion	8
	Fencing	Yr 9-13	Marquee	Swimming Pool
After School 17:00-18:00	Rowing Squad S&C		Gym	9, 10

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FRIDAY				
Time	Activity	Age Group	Location	Changing Room
Pre School 07:30-08:30	Hockey Squad S&C	Yr 9	Gym	9, 10
Break	Fives	Yr 8	Fives Court	n/a
Lunchtime	Hockey Squad S&C	Yr 11-13	Gym	9, 10
	Basketball	Yr 12	Court	1
	Fives	Yr 7	Fives Court	n/a
	Leisure Gym	Yr 9-13	Gym	9, 10
After School 15:45-17:00	Rowing	Yr 9/11	Pavilion	8

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SATURDAY & SUNDAY

Activity	Activity
Rowing - Water 08:00-14:00	Rowing - Water 10:00-14:00