

Work Experience Guide



The Importance of Work Experience

- You'll find out if a job is as you imagined, whether it would suit you and the training needed to get into it
- You'll get to know how people work together, how goals are achieved and how work differs from school
- You'll find out which work activities you enjoy, and which you don't
- It can help you set some career goals
- You'll develop useful skills such as communication, teamworking, planning and organising, timekeeping, problem solving
- You'll learn how well you can cope in a new environment, working alongside people you don't know
- It will help build your confidence and give you the opportunity to take responsibility for yourself
- It will give a boost to your university application personal statement and your CV for apprenticeship, other courses or job applications
- It will show that you are motivated to develop yourself and learn new things
- It can give you something to talk about in interviews, particularly if you haven't done any paid work and it can give you the edge over other candidates
- If you get on well in your placement, you might get a reference

You may find your own placement perhaps through family contacts or just by 'knocking on doors' so be prepared to do some research on suitable organisations and make contact by letter, phone or email. Below are some resources to get you started.

Websites and resources for finding work experience opportunities

All Industries

www.speakersforschools.org/experience-2/vwex/

www.springpod.co.uk

www.learnliveuk.com

www.theforage.com

www.mykindafuture.com

www.prospects.ac.uk/

<http://purepotential.org/events-opportunities/>

www.studentladder.co.uk/work-experience/

www.barclayslifeskills.com/i-want-virtual-work-experience/school

Paid for work experience

www.investin.co.uk

RGSHW10 for 10% discount

Engineering

www.neonfutures.org.uk/digital-experiences

For virtual work experience email: JacobsVWX@jacobs.com

IT/Games Development

www.sidequest.org.uk

www.alison.com/courses/game-development

www.idea.org.uk

www.alison.com/courses/it?type=certificate

www.intogames.org

Law

www.brightnetwork.co.uk/graduate-jobs/white-case-llp/virtual-work-experience

<https://graduate.pinsentmasons.com/your-route-into-law/work-experience/virtual-work-experience/>

www.primecommitment.co.uk

Medicine

<https://www.rcgp.org.uk/training-exams/discover-general-practice/observe-gp>

<https://bsmsoutreach.thinkific.com/courses/VWE>

<https://medicmentor.co.uk/university-hospitals-birmingham-trust-virtual-work-experience/>

Architecture

<https://workexperience.hfm.co.uk/>

Art, Design

www.alison.com/course/colour-theory-for-artists-and-designers

<https://hunterbevan.co.uk/missing-out-on-work-experience-this-year/>

