

20/09/22

Dear Parents,

Urban Strides

We were lucky enough to have Amy from Urban Strides in recently to deliver an inspirational assembly to our Year 7 students - all about the two important actions they can start doing today, to ensure their ongoing success.

1. When offered an opportunity, seize it
2. When you are confronted with fear or doubt or difficulty, say “yes” to the challenge

Furthermore, it was highlighted how important it is to gain a “strides tribe” or group of people who lift you up when you need it, and encourage you to keep aiming higher. She instilled a belief that no matter what path they choose to take, they can achieve it, as long as they take the right action.

Urban Strides are the UK leaders in street dance education, have been seen on 36 TV channels, performed on over 200 arena stages, were the first ever street dance crew to open the Royal Variety show for Her Majesty the Queen and their dancers have performed with Dizzee Rascal, Clean Bandit, Spice Girls, Rhianna, Ed Sheeran and Jess Glynn to name a few.

The students were also very fortunate to discover that there is an Urban Strides class held right here in the Royal Grammar School Drama Studio on Thursday evenings.

- If you would like to find out more about Urban Strides or sign up to one of their classes, please follow this link to find out more: <https://www.streetdancestore.com/Suite-SCO-1.0/Store-Locator/find-your-class.html> or email classes@urbanstrides.com.

Kind regards

Bjorn Rose
Head of Year 7