

26/3/22

Dear Parents,

We were lucky enough to have Andy from Urban Strides in on Friday to deliver an inspirational assembly to our Year 7 students about the three stages of ongoing success.

They learnt the importance of these three steps in order to achieve their goals:

1. When offered an opportunity, grab it
2. The importance of gaining a “strides tribe” - people who lift you up when you need it, and encourage you to aim higher
3. When you are confronted with fear or doubt or difficulty, say “yes” to the challenge

He instilled a belief that no matter what path they choose to take, they can achieve it, as long as they take that first step in the right direction.

Urban Strides are the UK leaders in street dance education, have been seen on 36 TV channels, performed on over 200 arena stages, were the first ever street dance crew to open the Royal Variety show for Her Majesty the Queen and their dancers have performed with Dizzee Rascal, Clean Bandit, Spice Girls, Rhianna, Ed Sheeran and Jess Glynn to name but a few.

Year 7 were also fortunate to discover that there is an Urban Strides class that runs during term time in the school drama studio on a Thursday night. If you would like to find out more about Urban Strides or sign up to one of their classes, please either:

1. Follow this link to find out more: <https://www.streetdancestore.com/Suite-SCO-1.0/Store-Locator/find-your-class.html>
2. Or email [classes@urbanstrides.com](mailto:classes@urbanstrides.com)

Kind regards,

Bjorn Rose  
Head of Year 7