

**23 February 2021**

Dear Parents & Students

### **Co-Curricular, Music & Sport Challenges**

I hope that you are well, and have enjoyed the half-term break.

We are delighted with the response to the Co-Curricular half-term challenges. We have a large number of submissions from students across the varying challenges and it has been fantastic to see the engagement and incredible effort by the boys. I am also grateful to parents for their kind words of support.

Whilst we are all awaiting the Government announcement later today, the RGS will continue to sustain its community via its Co-Curricular Programme throughout this next half-term, irrespective of any formal return date. We recognise the vital need for balance for the boys in our recovery curriculum, as we welcome them back to School. This element of school life is simply about fun, connecting with others, building community and having some down-time away from academic studies.

I have detailed below this week's challenges, so get involved and support your House! I have also added at the bottom of this letter a brief overview of each week's challenges leading up to the end of term.

Have fun!

#### **Co-Curricular Department – Bottle Rocket Challenge**

In this design challenge, we are asking you to create a bottle rocket using typical household items. Rockets will be judged in two categories. Overall Design (how good does it look?) and Overall Performance (how high does it fly?). You may want to consider your chosen "fuel" (Baking Soda & Vinegar or Diet Coke & Mentos)! Everyone should be at least 5 metres away when the rocket is launched.....

Some useful tips can be found here <https://www.bbc.co.uk/teach/terrific-scientific/KS2/zr63d6f>

Please send your photos/videos to [dec@rgshw.com](mailto:dec@rgshw.com) by end of Sunday 28 February.

#### **Music Department – Album Review Challenge**

Please choose an album you're clearly passionate about - any genre is OK, but no explicit lyrics or inappropriate themes. We want to know what gets you excited about it, e.g. influences, background context, why YOU like it, your thoughts on the lyrics, chord progressions, instruments used, harmonies. What might people NOT like about it, if anything? And why do you think it's worth listening to anyway?

- 250 minimum word count, saved as a PDF
- We want to see some specific references to at least 2 of the songs on the album, but you don't have to review every song on the album!
- We will rank Junior and Senior entries separately

Please send your reviews to [RGSmusic@rgshw.com](mailto:RGSmusic@rgshw.com) by end of Sunday 28 February.

## Sport Department - #keepyuppy

Do as many consecutive keepy-uppys as you can, without the ball touching the floor – you must use a football! Parents are the officials – they must witness the effort and email [sportsadmin@rgshw.com](mailto:sportsadmin@rgshw.com) with the result, name of student, year group and House! There will be an individual winner per year and a combined total of keepy-uppys per House.

All entries will add to the ongoing House competition.

Good luck!

### OVERALL SCHEDULE:

WC	SPORT	MUSIC	CO-CURRICULAR
22 February	#keepyuppy	Album review competition	Bottle Rocket Challenge
1 March	Skipping Battle	Improvisation challenge based on a given chord sequence	The Ping Pong Pot & Pan Challenge
8 March	Hockey Skills	Longest note in one breath - vocal or instrumental!	Tall Tower Challenge
15 March	Strava – RGSHW logo drawing Challenge	Music quick quiz	2 Pan Cooking Challenge - Ready Steady Cook
22 March	CrossFit Challenge	Songs from the shows challenge	Haiku Challenge
29 March	Bring Sally Up – Press-up challenge.	Composition competition: EDM dance track using garageband or similar	Scavenger Challenge

As always Mr Pettifer, Mr Mullaly and I are here to support students in any way we can. Please do let us know if you have questions or we can be of assistance any way.

Yours sincerely

**D Clatworthy FRGS**  
Director of Co-Curricular Education