

<u>DofE Essential Kit List</u>	Kit which will be issued to your son from stores	Very limited kit which may be borrowed from stores (Priority given to those in financial difficulty)	Replacement Charge for Lost Kit
Personal Kit – each participant			
Rucksack (65l-80l) & liner		*	£50
Walking boots & trainers or sandals		*	£30-£40
Hooded waterproof jacket (heavy duty, taped seams)		*	£30-£80
Waterproof trousers (taped seams)		*	£10-£20
Socks min 3 prs for Bronze & min 4 prs for Silver & Gold			
Underwear			
T shirts, mid-layer, fleece (3 layers)		*	£30 Fleece only
Spare clothing			
2 trousers, NO JEANS			
Gloves		*	£5
Scarf			
Woolly hat		*	£5
Sun hat, sun cream			
3/4 season sleeping bag & liner		*	£45
Sleeping mat		*	£10
Map	*		£15
Compass	*		£20-£30
Torch, Spare batteries/bulb			
Whistle	*		£3
Survival bag	*		£5
First aid kit (savlon/paracetamol/plaster/compede/dressing/triangular bandage etc)			
Emergency rations (to be wrapped up)			
KFS, Mug & plate,			
2 x1 litre water bottle (stout not crinkly)		*	£10
Matches or lighter (waterproofed)			
Notebook & pencil			
Personal Medical Kit (inhaler, epipen etc)			
Watch with alarm or second phone			
Wash kit, toothpaste + brush			
Expedition safety card (in dofe pack)			
Nibbles			
Team Kit – per group			
Tents x 2 man x 3 man	*		£50 (Bronze)/ £250(Silver/Gold)
Trangia/Gas Cooker x total for team	*		£100
Washing up liquid, pan scourer			
2 x tea towels			
Spare boot laces/cord/string			
Trowel & toilet roll			
Plastic bags			
Phone (will be wrapped up)/money			
Repair kit, (safety pins/duck/gaffer tape)			
KISU Group Survival Tent/shelter	*		£50
High Visibility Vest (2 per group)	*		£4
Water purification tablets/boil water			
Team meals for 2,3 or 4 days			
Optional			
Gaiters			
Anti-midge, mosquito hat			
Walking poles			
Must bring to Kit Check & on Expedition			
Record books/Keeping track booklet			