

# SPORTS TRAINING & CLUBS

## HALF TERM 5

### 17 April - 26 May 2023

## MONDAY

Time	Activity	Age Group	Location	Changing Room
<b>Break</b> 11:40-12:10	Badminton	Yr 10	Sports Hall	8
	Fives	Yr 8	Fives Court	n/a
<b>Lunchtime</b> 13:25-14:15	Recreational Gym	Yr 9-13	Gym	9 & 10
	Rugby Squad S&C	Yr 8	Gym	9 & 10
	Basketball	Yr 7&8	Sports Hall	8
	Fives	Yr 9	Fives Court	n/a
<b>After School</b> 15:45-17:00	Recreational Gym	Yr 9-13	Gym	9 & 10
	Senior Rugby Squad S&C	Yr 12-13	Gym	9 & 10
	Recreational Tennis	Yr 7 - 13	Astro	4 & 5
	Cricket	Yr 11 - 13	Outdoor Cricket Nets & Field	Pavilion
	GCSE PE	Yr 11	Sports Hall	8
<b>After School</b> 17:00 - 18:00	Rowing Ergs	Yr 11	TBC	TBC
	Rowing Squad S&C	Yr 9	Gym	9 & 10

# SPORTS TRAINING & CLUBS

## HALF TERM 5

### 17 April - 26 May 2023

## TUESDAY

Time	Activity	Age Group	Location	Changing Room
<b>Pre School 0800 - 08:30</b>	GCSE PE Badminton	Yr 11	Sports Hall	9, 10
<b>Break 11:40-12:10</b>	Badminton	Yr 7	Sports Hall	8
	Fives	Yr 10	Fives Court	n/a
<b>Lunchtime 13:25-14:15</b>	Recreational Gym	Yr 9-13	Gym	9 & 10
	Rugby Squad S&C	Yr 10	Gym	9 & 10
	Basketball	Yr 11&12	Sports Hall	8
	Fives	Yr 8	Fives Court	n/a
<b>After School 15:45-17:00</b>	Recreational Gym	Yr 9-13	Gym	9, 10
	Rugby Squad S&C	Yr 9	Gym	9, 10
	Senior Rugby/Speed	Yr 12-13	Pitches	2, 3
	Cricket	Yr 7	Outdoor Cricket Nets & Field	Pavilion
	Tennis	Yr 9-10	Astro	4, 5
	Rowing	Yr 9/12/13	Pavilion	Pavilion
<b>After School 17:00-18:00</b>	Rowing Ergs	Yr 10	Pavilion	Pavilion / 1
	Rowing Squad S&C	Yr 11	Gym	9, 10

# SPORTS TRAINING & CLUBS

## HALF TERM 5

### 17 April - 26 May 2023

WEDNESDAY				
Time	Activity	Age Group	Location	Location
	Rowing S&C	Yr 10	Gym	9 & 10
Break 11:40-12:10	Badminton	Yr11	Sports Hall	8
	Rugby Squad S&C	Yr 8	Gym	8, 9, 10
	Fives	Yr 9	Fives Court	n/a
Lunchtime 13:25-14:15	Recreational Gym	Y9-13	Gym	9 & 10
	Senior Rugby Squad S&C	Yr 12-13	Gym	9 & 10
	Basketball	Yr 9-10	Sports Hall	8
	Fives	Yr 10&11	Fives Court	n/a
	GCSE PE Table Tennis*	Yr 11	Queens Hall	n/a
After School 15:45-17:00	Recreational Gym	Yr 9-13	Gym	9 & 10
	Rugby Squad S&C	Yr 10	Gym	9 & 10
	Cricket	Yr 9	Outdoor Cricket Nets & Field	Pavillion
	Fencing	Yr 8	Sports Hall	8
	Rowing	Yr 9-11	Water	1
	DART Karate	Yr 7-13	Sports Hall	8
After School 17:00-18:00	Rowing Ergs	Yr 12-13	Pavilion	Pavilion / 1

\*Until 4 May

# SPORTS TRAINING & CLUBS

## HALF TERM 5

### 17 April - 26 May 2023

## THURSDAY

Time	Activity	Age Group	Location	Changing Room
<b>Pre School 0800 - 08:30</b>	GCSE PE Badminton	Yr 11	Sports Hall	9 & 10
<b>Break 11:40-12:10</b>	Badminton	Yr 9	Sports Hall	8
	Fives	Yr 11	Fives Court	n/a
<b>Lunchtime 13:25-14:15</b>	Recreational Gym	Yr 9-13	Gym	9 & 10
	Rugby Squad S&C	Yr 9	Gym	9 & 10
	Athletics Club	Y7-Y10	Main Field	4 & 5
	Multi Activity	Yr 7&8	Sports Hall	8
	Fives	Yr 7	Fives Court	n/a
<b>After School 15:45-17:00</b>	Recreational Gym	Yr 9-13	Gym	9 & 10
	Rugby	Yr 9	Pitches	2 & 3
	Fitness Club	Yr 10-13	Pitches	2 & 3
	Cricket	Y10	Outdoor Cricket Nets & Field	Pavilion
	Rowing	Yr 10/12/13	Water	1
	Fencing	Yr 9-13	Sports Hall	8
	Tennis	Yr 7&8	Astro	4 & 5
<b>After School 17:00-18:00</b>	Rowing Squad S&C	Yr 11	Gym	9 & 10

# SPORTS TRAINING & CLUBS

## HALF TERM 5

### 17 April - 26 May 2023

FRIDAY				
Time	Activity	Age Group	Location	Location
<b>Break 11:40-12:10</b>	Badminton	Yr 8	Sports Hall	8
	Fives	Yr 7	Fives Court	n/a
<b>Lunchtime 13:25-14:15</b>	Recreational Gym	Yr 9-13	Gym	9 & 10
	Multi Activity	Yr 9&10	Sports Hall	8
	Fives	Yr 12-13	Fives Court	n/a
	GCSE PE Table Tennis	Yr 11	Queens Hall	n/a
	Athletics Club	Y7-Y10	Main Field	4 & 5
<b>After School 15:45-17:00</b>	Cricket	Yr 8	Outdoor Cricket Nets & Field	Pavillion
	Rowing	Yr 9/11	Water	1

**SPORTS TRAINING & CLUBS**  
**HALF TERM 4**  
**17 April - 26 May 2023**

**SATURDAY**

Activity	Age Group
Rowing @ Longridge 08:00-10:00 10:00-12:00 12:00-14:00 14:00-16:00	Yr 10, 12, 13 Yr 9, 10 Yr 9, 11 Yr 9, 12

**SUNDAY**

Activity	Age Group
Rowing @ Longridge 10:00-12:00 12:00-14:00 14:00-16:00	Yr 11, 12, 13 Yr 9, 10 Yr 9, 11