



**RGS** ESTD  
1562  
HIGH WYCOMBE

# CAREERS COACHING

ROYAL GRAMMAR SCHOOL  
HIGH WYCOMBE

“NATIONAL CENTRE OF  
EXCELLENCE IN CAREERS”

2026 / 2027

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# Meet the Team



**Mrs S Thakrar**

*Director of  
Careers*

Mrs Thakrar [MSc, LSE] is the Director of Careers, heading up the Careers Department, working closely with pupils, parents, staff, volunteers and external parties. A qualified Psychologist with the British Psychological Society (including Level A & B Psychometric testing qualification), Mrs Thakrar also has a strong background in industry, having worked in student, graduate and experienced hires' recruitment across all vectors in global organisations (such as AOL, the NHS, Honeywell & KPMG) before entering education. She is a "Champion Careers Lead", a title awarded to her by the Careers and Enterprise Company from the DfE. She often leads county meetings with Buckinghamshire schools sharing good practice in Careers Education, has written articles for the DfE about Careers Education and delivered national seminars in this field.

## *A warm welcome!*

Having worked in corporate recruitment for over 20 years, Mrs. Lewis changed direction during the pandemic to pursue her passion for guiding others. She completed a Level 7 Masters-level Qualification in Career Guidance and Development (QCD), awarded by the Career Development Institute (CDI), of which she is an active member.

As an External Careers Coach, Mrs. Lewis plays a pivotal role in supporting our students with their career development journey. She is passionate about helping young people realise their potential and find rewarding, fulfilling careers.

At RGS, she provides confidential, personalised 1-to-1 guidance to help students navigate the complex and competitive world of:

- Higher Education & University applications
- Degree Apprenticeships and School Leaver programmes
- Gap years & early career planning



**Mrs C Lewis**

*Careers Coach*

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# Careers Coaching at RGS



We are thrilled to announce that our school has achieved the prestigious status of "National Centre of Excellence in Careers", awarded by Challenge Partners. This remarkable recognition highlights our commitment to providing outstanding all-round education for our students.

We believe that every student deserves the opportunity to explore their passions, develop essential skills, and chart a path towards a fulfilling and successful career. Our comprehensive career strategic plan is designed to provide our students with the necessary resources, guidance, and support to make informed decisions about their future careers.

## Area of Excellence

**Outstanding careers guidance at RGS**

We are incredibly proud to see Ofsted recognise the impact of our careers programme at the 2025 Inspection:

**"Through the EXCELLENT careers programme, pupils are regularly exposed to representatives from the world of work, education and training, including school alumni. Consequently, pupils are EXTREMELY WELL prepared for their next steps and to be positive citizens of modern Britain."** This statement truly reflects the careers ethos at RGS- ensuring every student is informed, inspired and empowered to take charge of their future. From apprenticeships to university pathways, from STEM industries to the creative sector, our students have access to a vast network of professionals, alumni, and mentors who help shape their aspirations.

MP Emma Reynolds also praised the Careers Provision at RGS, stating that it was "Outstanding" in her 2025 [Press Release](#).



We strongly believe in the importance of education as the foundation for career success. Throughout their time at RGS, students will have access to a wide range of career exploration opportunities. We will organise career assessments, invite guest speakers from various industries, facilitate challenges/competitions and develop workshops. These initiatives will expose them to diverse career options, helping them discover their true passions and interests. We strongly believe in the importance of education as the foundation for career success. Our academic programmes are designed to provide students with a rigorous and well-rounded education, equipping them with essential knowledge and skills to prepare them for the world of work. Additionally, we integrate career-related education into our curriculum, giving access to our careers resources to provide them with a deeper understanding of different industries and professions. Practical experience is invaluable in shaping a student's career path. To this end, we will establish partnerships with local businesses, organisations, and universities to provide opportunities such as work shadowing, insight events, hands-on projects and work experience. These experiences will allow students to apply their knowledge in real-world settings, build professional networks and gain a competitive edge.

We provide personalised guidance, assisting students in setting goals, developing career plans, and making informed decisions. Furthermore, we regularly review and update our careers programme to stay up-to-date with any changes or revisions made by the DfE. This ensures that our students benefit from the most current and relevant Careers Education, Information, Advice and Guidance (CEIAG) available.

# INTRODUCTION

RGS' Careers Education, Information, Advice and Guidance (CEIAG) Programme is a comprehensive and structured approach aimed at assisting pupils in exploring, planning and preparing for their future careers. It provides valuable guidance, resources and opportunities for pupils to make informed decisions about their career paths and develop the necessary skills and knowledge for success in the world of work.

- 1. Careers Exploration:** The programme offers various activities and resources to help pupils explore different pathways and career options. These include careers fairs, guest speakers, work experience placements, workshops and access to online resources - [Unifrog](#) and psychometric assessment tools - [Morrisby](#).
- 2. Education and Skill Development:** The programme provides relevant education and skill-building opportunities to equip students with the necessary competencies for their chosen pathways. This may involve workshops, classes on CV writing, interview skills, networking and professional etiquette.
- 3. Career Guidance:** A trained Level 7 Careers Coach is available to provide personalised guidance and support to pupils. They assist in identifying strengths, interests and goals, helping pupils to align their aspirations with suitable career paths
- 4. Work-Based Learning:** The programme facilitates real-world experiences for pupils, such as Work Shadowing/Work Experience placements, apprenticeship opportunities, volunteering ideas and insight events. These experiences allow pupils to apply their knowledge in practical settings, gain hands-on experience and build professional networks.

[Check out our 2026-27 Careers Programme!](#)

**5. Collaboration with Industry Partners:** The careers department establishes partnerships with businesses, organisations and industry professionals to provide pupils with insights into the current job market, industry trends and potential career pathways. This collaboration involves challenges pupils can take part in, guest lectures, visits and many more.

**6. Alumni Engagement:** RGS leverages the experiences and expertise of former pupils who have successfully embarked upon their next step journeys, Alumni are invited to share their paths, offer advice and serve as role-models. In conclusion, RGS' CEIAG programme takes a holistic approach, addressing pupils' self-exploration, training and community engagement. By providing a wide range of opportunities and resources, we empower pupils to own their careers pathways and develop the necessary skills for success in their chosen fields. Our programme aims to create well-rounded individuals with a character that prepares them for the challenges of the future, equipped to lead fulfilling lives.

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# Monitoring and Evaluation

At RGS we believe it is very important to assess the impact of our careers programme. We do this in a number of ways:

**Destination Data:** we identify and analyse the destinations of our Year 11 and Year 13 pupils, taking into consideration their prior attainment and noting any new trends that emerge.

**Audit/Survey:** we are keen to get the views of pupils regarding the CEIAG activities they have received. In the summer term we ask all year groups to complete an online audit/survey to give their overall feedback and assessment on the programme that year.



**Student Careers Leaders:** we have a number of Careers Prefects (Year 13) and Careers Champions (Year 7 to Year 12) that serve as the “student voice” for all things careers. The Careers Director meets with them on a frequent basis using them as focus group, listening to their feedback, making sure recalibration of the programme occurs where needed. These pupils also join county meetings with other schools in Buckinghamshire along with the Careers Director, sharing good practice and opportunities that allow cross-pollination.

**Parent/Carers:** we value feedback on how impactful they feel the careers activities of their children have been and how supported they have felt in aiding their children in career decisions. This information is received through audit/surveys sent to them.

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**Employers:** after each event employers support us on, they are asked for feedback that helps us understand the value of our programme with our key stakeholders and general assessments of the events themselves. These include talks, workshops, competitions, work experience programmes, mock interviews, amongst others.

**Event Feedback:** after key careers activities, pupils are asked to provide feedback via forms.

## Personal Guidance

Careers Coaching interviews are organised by Mrs Thakrar and Ms Morley-Smith. Year 11 (early in the school year) and Year 12 (towards the end of the school year) pupils are prioritised to help them during key decision-making points of their school journey.

SEND students and those on free school meals (Pupil Premium) are also given priority to make sure they get the support they need in critical junctures of their educational journey.

The personal guidance interviews include information about the full range of education and training options, including apprenticeships and other vocational pathways, enabling pupils to have a wider view of the different pathways available to them, addressing each of their individual needs.

Pupils can request a personal guidance interview with our external careers coach by contacting Mrs Thakrar.



# Apprenticeships

- An apprenticeship is a real job: available to individuals aged 16+ (with no upper age limit), and apprentices are typically employed for at least 30 hours per week.
- Apprentices are paid a salary: All apprentices will earn a salary of at least the National Minimum Wage for apprentices which is currently £6.40\* per hour. Many employers pay more!
- Apprenticeships last a minimum of 12 months: Most apprenticeships take between 1 - 4 years to complete. It will depend on the level and delivery model of the apprenticeship.
- Apprenticeships range from Level 2 to Level 7: There are apprenticeships at levels equivalent to GCSEs right up to Master's level and you can now achieve a degree through an apprenticeship.
- Apprentices do not pay for their training: All apprenticeship costs are paid for by the employer and/or the government meaning that an apprentice will never have to pay for their training.
- Apprentices will receive paid off-the-job learning: The equivalent of 6 hours per week of an apprentice's paid time will be spent undertaking off-the-job learning, gaining valuable skills and qualifications.
- Apprentices will spend the majority of their time on-the-job: Most of an apprentice's paid time will be spent on-the-job, working with colleagues to learn new skills and gain experience of the workplace.
- There are thousands of apprenticeships in more than 170 industries: New apprenticeships are advertised each week covering a wide range of job roles. You will be amazed at the variety and breadth available!

## Top places to look include:

<https://www.amazingapprenticeships.com/>

<https://www.gov.uk/apply-apprenticeship>

<https://www.ucas.com/explore/search/apprenticeships>



## Degree and Higher Apprenticeships

are gaining popularity at RGS. What are they? See the information below from [Amazing Apprenticeships](#)

- **Degree apprenticeships are exactly what they say** - an apprenticeship programme that leads to a full degree level qualification. This could be a bachelor's or master's degree, or an equivalent professional qualification.
- **Who are they for?** Degree apprenticeships can be for new recruits into apprenticeships (for example, those leaving school) or they can be for an existing employee who is looking to upskill or retrain in their job role.
- **How long do they take to complete?** Degree apprenticeships will typically take between 2 - 6 years to complete, depending on the level and programme. The apprentice will split their time between working and studying with a training provider.
- **How much do they cost?** The apprentice will not be required to pay towards the cost of the training, this will be funded by the employer and/or government. The apprentice will earn a salary during the course of their apprenticeship, which means they are being paid to learn and will not incur student fees.



# Degree/Higher Apprenticeships Q&A

## 1 What happens if I don't finish the apprenticeship?

Do I have to pay the fees back?

No, the apprentice will never be expected to pay back the apprenticeship training costs.

## 2 Do employers value degree apprentices in the same way as they do graduates?

Yes! Employers really value degree apprenticeships because you will be applying what you learn immediately in the workplace and helping to introduce and suggest new ideas and approaches.



**HIGHER & DEGREE  
APPRENTICESHIPS**



## 3 Do apprentices have a social life?

Of course! You get the benefits of meeting new people at your workplace and through your training provider. There are also many networks you can join as an apprentice to meet others as well as applying for an NUS Apprentice Extra Card to access fantastic discounts and benefits.

## 4 Is a degree apprenticeship a real degree?

Yes - it is exactly the same degree that you would study full-time, except it will be studied in a different way and your apprenticeship may also include additional qualifications and/or professional accreditation.

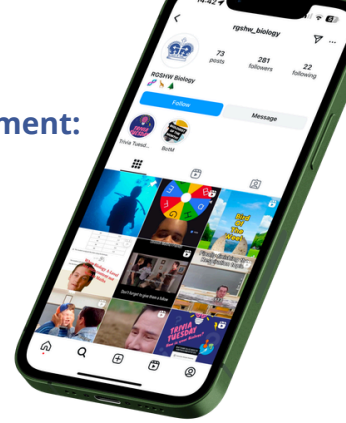
## 5 Do I apply to the university or the employer?

Firstly, you will need to secure an apprenticeship with an employer, and they will decide which training provider is best suited to the needs of their business. Depending on which training provider they are using, there could be additional applications or assessments you need to undertake.

# Parent Zone

Stay connected with the Careers Department:  
Follow us on [Instagram](#): [X](#); [LinkedIn](#)

Check out our [2026-27  
Careers Programme!](#)



This section is aimed at helping parents/guardians source information to support their children.

## Psychometric Testing

RGS partners with [Morrisby](#) to offer an opportunity for our pupils to undergo psychometric testing - called Morrisby Profile - which will help them think about their future choices. Pupils from Years 10-13 can sign up to complete a Morrisby assessment.

Below you will find three sections: information about education options, types of jobs and local opportunities.

## Education Options

There is a variety of educational routes available to pupils when they leave RGS. Click each button below to find out more:

### General all-round Bucks advice:

<https://bucksskillshub.org/>

### - Apprenticeships:

<https://www.gov.uk/apply-apprenticeship>

### - Further Education:

[Further education courses and funding: Find a course - GOV.UK \(www.gov.uk\)](#)

### - Local 6th Forms:

[All schools and colleges in Buckinghamshire - GOV.UK - Find and compare schools in England \(https://www.buckinghamshire.gov.uk/schools-and-learning/schools-index/\)](#)

### - University:

<https://www.ucas.com/>



## Types of jobs and local job information:

Pupils who have an idea of where they want to be in the future may find it easier to plan their next steps more easily. To help students and parents to get an understanding of what types of jobs are out there, we would suggest looking at a number of these websites:

<https://www.unifrog.org/> (All pupils at RGS have access to this one-stop universal careers and next steps platform, using their school email address)

<https://nationalcareers.service.gov.uk/>

<https://www.careerpilot.org.uk/>

<https://bucksskillshub.org/media/800/Careers-in-Buckinghamshire-Booklet-min.pdf>

<https://bucksskillshub.org/educator/resources/buckinghamshire-local-skills-report>

## Get involved:

RGS is always keen to welcome parents who would like to support our careers programme. If you or your organisation would like to get involved by delivering talks, workshops, sponsoring events, or in any other way, please contact Mrs Thakrar on [careers@rgshw.com](mailto:careers@rgshw.com)



# Pupil Zone

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Our aim is that our pupils have a truly successful and rewarding future after RGS. With that in mind, during your time here, you will take part in a number of careers activities to help complement your academic attainment. Please click [here](#) for the full Careers Programme.

All pupils from Years 7-13 have access to [Unifrog](#), a universal careers and next steps platform, to help you explore pathways and research options for your future. You will have workshops on how to use [Unifrog](#) and will also be encouraged to track all your activities on the platform, in order to have a holistic view of your all-round experience. Through [Unifrog](#), you can also sign up to MOOCs (Massive Online Open Courses), webinars, and work experience opportunities.

## Bucks One Stop Shop:

<https://bucksskillshub.org/>

## Work Experience Links

[www.investin.org\\_](http://www.investin.org_)

<https://amplifyme.com/>

<https://www.springpod.com/>

<https://young-professionals.uk/>

<https://pathwayctm.com/events/>

<https://www.theforage.com/>

<https://finder.futuresforall.org/>

## Courses and Pathways:

[What each qualification means](#)

<https://www.futurelearn.com/courses/career-planning-and-your-degree>

[Further education courses and funding: Find a course - GOV.UK \(www.gov.uk\)](#)

<https://www.gov.uk/school-performance-tables>

[Apprenticeships](#)

[University](#)

[Compare Universities](#)

[Russell Group Universities](#)

<https://www.thebrokerage.org.uk/>

<https://bucksskillshub.org/work-experience>

Check out our 2026-27  
[Careers Programme!](#)

## Build Your Skills and Strengths

[Skills Employers Want](#)

[Creativity and Entrepreneurship](#)

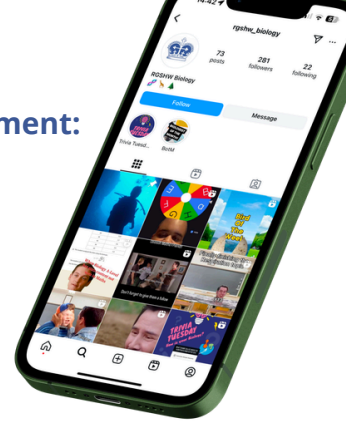
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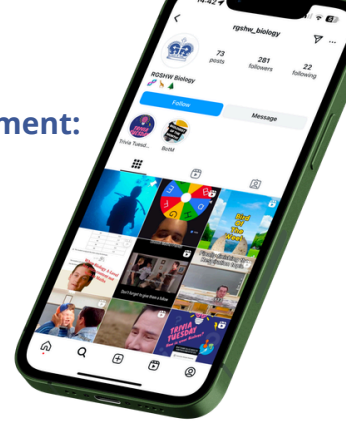
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# Pupil Zone (Cont.)

## AI Interviews

Preparing for the Future: A Guide to Acing AI Interviews

As artificial intelligence continues to reshape the landscape of recruitment and university admissions, Year 12 students are increasingly likely to encounter an AI bot as their first 'interviewer'. Whether for a coveted university place, a competitive internship, or a part-time job, understanding and preparing for these automated interviews is now a crucial skill. This guide will equip you with the knowledge and strategies to navigate the world of AI interviews with confidence and make a lasting positive impression.

### Understanding the AI Interviewer: What to Expect

AI-powered interviews are typically used as an initial screening tool. They can take various forms, but the most common for students are:

- **Pre-recorded Video Interviews:** You will be presented with a series of pre-set questions on your screen and will need to record your answers within a specific time limit for each.
- **Game-based Assessments:** These are interactive challenges designed to assess your cognitive abilities, such as problem-solving, memory, and attention to detail.
- **Text-based Chatbot Interviews:** You will interact with a chatbot, typing your answers to its questions in real-time.



Several platforms are popular in the UK for these types of interviews. For university admissions, you might encounter platforms like **Kira Talent** or practice on tools like **Auralyze.ai**. For job applications, companies may use systems such as **HireVue** or **Vervoe**.

It's important to remember that these AI systems are designed to assess more than just the content of your answers. They often analyse:

- **Verbal Cues:** Your tone of voice, pace of speech, and use of filler words (e.g., "um," "ah").
- **Non-Verbal Cues (in video interviews):** Your facial expressions, eye contact, and body language.
- **Keyword Analysis:** The AI will likely be scanning your responses for specific keywords and phrases that align with the requirements of the role or course.

# Pupil Zone

## (Cont.)

### INTERVIEW TIPS



The Technology Demystified: How it Works and Why it Matters

You don't need to be a tech expert to succeed in an AI interview, but a basic understanding of what the technology is doing can help you tailor your approach.

At its core, the AI is a sophisticated pattern-recognition tool. It has been trained on vast datasets of human interviews and successful employee/student profiles. When you give your answers, the AI is essentially comparing your responses – both what you say and how you say it – to these successful patterns.

For example, if the role requires strong communication skills, the AI will be listening for clear and concise language, a confident tone, and looking for engaged body language. If it's a problem-solving question, it will be looking for structured answers that logically walk through the steps you would take.

The key takeaway is this: the AI is looking for signals of the desired traits and competencies. Your job is to provide those signals clearly and effectively.

#### Preparing for Success: Your Action Plan

##### 1. Master Your Environment and Tech:

- Find a Quiet Space: Eliminate any potential distractions. Inform your family or flatmates that you will be in an interview.
- Check Your Tech: Test your camera, microphone, and internet connection thoroughly beforehand. Use a laptop or desktop computer for a more stable experience than a phone.
- Professional Background: Ensure your background is neutral and tidy. A blank wall or a bookshelf is a good option. Avoid anything that could be distracting.
- Good Lighting: Make sure your face is well-lit from the front to avoid shadows.

##### 2. Dress for the Part:

- Treat it like a traditional interview. Dress in smart, professional attire. This will not only make a good impression but also help you get into the right mindset.

##### 3. Research and Prepare:

Understand the Role/Course: Thoroughly read the job description or course details. Identify the key skills and qualities they are looking for. These are your keywords.

- **Anticipate the Questions:** AI interviews for students often focus on competency-based questions. Prepare to answer questions about:
  - **Teamwork:** "Tell me about a time you worked successfully in a team."
  - **Problem-Solving:** "Describe a challenging situation you faced and how you dealt with it."
  - **Motivation:** "Why are you interested in this course/role?"
  - **Time Management:** "How do you prioritise your workload?"
  - **Strengths and Weaknesses:** "What are your greatest strengths?" and "What is an area you would like to develop?"

# Pupil Zone (Cont.)

Check out our 2026-7  
[Careers Programme!](#)

## 4. The STAR Method: Your Storytelling Framework:

When answering competency-based questions, use the STAR method to structure your responses:

- S - Situation: Briefly describe the context.
- T - Task: Explain what you were required to do.
- A - Action: Detail the specific steps you took. This is the most important part of your answer.
- R - Result: Summarise the outcome of your actions and, if possible, quantify your success.



## 5. Practice, Practice, Practice:

- Record Yourself: Use your phone or laptop to record yourself answering practice questions. Watch it back to analyse your body language, tone of voice, and the clarity of your answers.
- Use Practice Platforms: Websites like [Auralyze.ai](#) and other online interview practice tools can provide you with a simulated AI interview experience and offer feedback.
- Time Yourself: Get used to answering questions within a set time limit, as this is a common feature of AI interviews.

Do's	Don'ts
<b>Maintain Eye Contact:</b> Look directly at the camera, not at your own image on the screen. This simulates eye contact with a human interviewer.	<b>Don't Fidget:</b> Avoid restless movements, as this can be interpreted as nervousness or a lack of confidence.
<b>Speak Clearly and at a Measured Pace:</b> Enunciate your words and avoid speaking too quickly.	<b>Don't Use Too Many Filler Words:</b> Practice pausing to gather your thoughts instead of using "um" or "ah".
<b>Show Enthusiasm:</b> Let your personality shine through. Smile and use a positive and engaging tone of voice.	<b>Don't Read Your Answers:</b> While it's fine to have notes, avoid reading from them directly. The AI may detect this.
<b>Use Keywords Naturally:</b> Weave the keywords you identified in your research into your answers.	<b>Don't Be Overly Technical (unless required):</b> For most student-level interviews, clear and simple language is more effective.
<b>Complete the Full Answer Time:</b> If you have time left over after your main points, you can summarise your answer or reiterate your interest.	<b>Don't Panic if You Make a Mistake:</b> Simply correct yourself and continue. The AI is looking for your overall performance.

By understanding the technology, preparing thoroughly, and presenting your best self, you can confidently navigate the world of AI interviews and take a significant step towards achieving your academic and career goals.

Many organisations use recorded interviews as part of their selection process. Hireview is one of the providers many firms use - we would encourage you to practice recording an interview using this website. [This video](#) gives you some advice when preparing for your interview.

# Staff Zone

RGS is committed to providing high quality Careers, Education, Information, Advice and Guidance to help inspire students and to enable them to make rational informed career decisions. Our career provision aims to meet all eight Gatsby Benchmarks as identified by the Gatsby Foundation

The purpose of school is to prepare pupils for the world outside of it, so it is most important that we are "teaching through a careers lens". Careers provision is not only the responsibility of the Careers Team and a small number of teachers, but of all staff in the school:

## Careers Education- A TEAM EFFORT!

### **We encourage all subject areas to do the following:**

- have a prominent display that links subject learning and skill development to different careers
- develop links with employers/organisations
- to invite alumni and other external speakers to come into school (virtually where an actual visit is not feasible)
- where appropriate to organise external visits by students to local businesses/organisations
- record careers learning opportunities for students in schemes of learning
- have lessons with a careers focus, such as talking about career pathways or showing a short film where people in a range of job roles explain the relevance of skills developed in a particular subject area to their role
- explore the possibility of developing real projects/challenges for students with a local business or organisation e.g. a local company setting IT students the task of designing/updating their website
- consider the needs and interests of all students and ensure that information challenges stereotyping including gender and disability
- organise school trips that support the delivery of careers education in their subjects

### **Useful Websites:**

<https://www.unifrog.org/>

<https://www.bbc.co.uk/bitesize/careers>

<https://www.youthemployment.org.uk/teachers-resources/>

<https://www.careerpilot.org.uk>

<https://nationalcareers.service.gov.uk/explore-careers>

<https://icould.com>

### **Stay connected with the Careers Department:**

Follow us on Instagram: X; LinkedIn



Check out our 2026-27 Careers Programme!



# Employer Zone

Help RGS inspire the next generation!



We are always looking to partner with employers and organisations who will help us give flavour and context to our careers programme. We are really proud of our employer connections who help us meet the 8 Gatsby Benchmarks <https://www.careersandenterprise.co.uk/careers-leaders/gatsby-benchmarks/>, in fun, practical ways, which have meaning and impact both to pupils and employers.

Our employer connections help with delivering talks, running enterprise days, doing workshops with our pupils (in areas such as skill-building, interviews, STEM), work-related learning events, trips, work experience opportunities and much more.

We also have a strong link with the [Buckinghamshire Skills Hub](#), working very closely with our Enterprise Coordinator, Susannah Edwards, our link to the county and the DfE.

Our three Enterprise Advisors- [Dr Jasmeen Basra](#) and [Dr Hardeep Basra](#), both dentists; and [Clare Warnett](#) from Bank of England- work strategically with the Careers Team to progress RGS' Careers Provision.

Our Careers-Link Governor, [Karan Khanna](#), is also a key stakeholder in our careers provision.

Please contact Mrs Thakrar on [careers@rgshw.com](mailto:careers@rgshw.com) if you would like to be involved in our careers

As an employer, if you would like to use your outreach/CSR services to help contribute RGS' careers provision, we would love to hear from you! Getting involved with our school will allow you to have an influence on the future workforce, by inspiring young minds. Through this, you will develop new skills for your staff and also forge close links to the community, serving as positive role-models for a future talent pipeline, raising brand-awareness of your organisation at the same time. We will support you throughout your visit to RGS. Our Careers Director is Mrs Thakrar ([careers@rgshw.com](mailto:careers@rgshw.com)) and she will:

- Be your main point of contact for all queries
- Provide information/scope/help target any interactions you offer to the School
- Make you aware of any safeguarding guidelines and share any operational advice
- Listen to your feedback and ensure processes are changed where necessary
- With your permission, publicly thank you on school communications and socials
- Keep in touch and include you at future events if you are happy for us to do so

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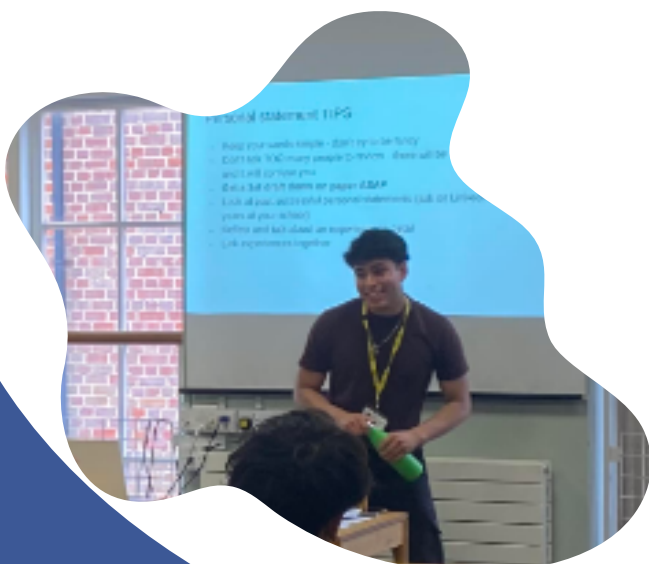
# Alumni Zone

At RGS we are always very keen to reconnect with ex-pupils. Do sign up to our [Alumni Portal](#) to keep in touch with us!



Alumni are a great source of relatable inspiration, serving as role-models for our pupils. We celebrate their achievements and experiences by inviting them in to share their next steps after leaving RGS.

Please do get in touch with our Dr of Careers, Mrs Thakrar [careers@rgshw.com](mailto:careers@rgshw.com) if you would like to return to school to share some words of wisdom with the next generation!



Check out our [2026-27 Careers Programme!](#)



Stay connected with the Careers Department:  
Follow us on [Instagram](#): [X](#); [LinkedIn](#)



# Contact Information

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Careers Department