

SPORTS TRAINING & CLUBS

HALF TERM 6

12 June - 14 July 2023

MONDAY

Time	Activity	Age Group	Location	Changing Room
Break 11:40-12:10	Badminton	Yr 10	Sports Hall	8
	Fives	Yr 8	Fives Court	n/a
Lunchtime 13:25-14:15	Recreational Gym	Yr 9-13	Gym	9 & 10
	Rugby Squad S&C	Yr 8	Gym	9 & 10
	Basketball	Yr 7 & 8	Sports Hall	8
	Fives	Yr 9	Fives Court	n/a
After School 15:45-17:00	Recreational Gym	Yr 9-13	Gym	9 & 10
	Senior Rugby Squad S&C	Yr 12-13	Gym	9 & 10
	Recreational Tennis	Yr 7-13	Astro	4 & 5
	Cricket	Yr 11-13	Outdoor Cricket Nets & Field	Pavilion
	Handball	Yr 7 & Yr 9	Sports Hall	8
After School 15:40-18:00	Rowing	Yr 9-13	Longridge	1

NEW!

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TUESDAY				
Time	Activity	Age Group	Location	Changing Room
Break 11:40-12:10	Badminton	Yr 7	Sports Hall	8
	Fives	Yr 10	Fives Court	n/a
Lunchtime 13:25-14:15	Recreational Gym	Yr 9-13	Gym	9 & 10
	Rugby Squad S&C	Yr 10	Gym	9 & 10
	Basketball	Yr 12	Sports Hall	8
	Fives	Yr 8	Fives Court	n/a
After School 15:45-17:00	Recreational Gym	Yr 9-13	Gym	9, 10
	Rugby Squad S&C	Yr 9	Gym	9, 10
	Senior Rugby/Speed	Yr 12-13	Pitches	2, 3
	Cricket	Yr 7	Outdoor Cricket Nets & Field	Pavilion
	Tennis	Yr 9-10	Astro	4, 5
After School 15:40-18:00	Rowing	Yr 8/9/11/12/13	Longridge	1

SPORTS TRAINING & CLUBS

HALF TERM 6

12 June - 14 July 2023

WEDNESDAY

Time	Activity	Age Group	Location	Changing Room
Pre School 07:30-08:30	Rowing S&C	Yr 10	Gym	9 & 10
Break 11:40-12:10	Rugby Squad S&C	Yr 8	Gym	8, 9, 10
	Fives	Yr 9	Fives Court	n/a
Lunchtime 13:25-14:15	Recreational Gym	Y9-13	Gym	9 & 10
	Senior Rugby Squad S&C	Yr 12-13	Gym	9 & 10
	Basketball	Yr 9-10	Sports Hall	8
	Fives	Yr 10&11	Fives Court	n/a
After School 15:45-17:00	Recreational Gym	Yr 9-13	Gym	9 & 10
	Rugby Squad S&C	Yr 10	Gym	9 & 10
	Cricket	Yr 9	Outdoor Cricket Nets & Field	Pavillion
	Fencing	Yr 8	Sports Hall	8
	DART Karate	Yr 7-13	Sports Hall	8
After School 15:40-18:00	Rowing	Yr 9-13	Longridge	1

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12 June - 14 July 2023

THURSDAY				
Time	Activity	Age Group	Location	Changing Room
Break 11:40-12:10	Badminton	Yr 9	Sports Hall	8
	Fives	Yr 11	Fives Court	n/a
Lunchtime 13:25-14:15	Recreational Gym	Yr 9-13	Gym	9 & 10
	Rugby Squad S&C	Yr 9	Gym	9 & 10
	Athletics Club	Y7-Y10	Main Field	4 & 5
	Multi Activity	Yr 7&8	Sports Hall	8
	Fives	Yr 7	Fives Court	n/a
After School 15:45-17:00	Recreational Gym	Yr 9-13	Gym	9 & 10
	Rugby	Yr 9	Pitches	2 & 3
	Fitness Club	Yr 10-13	Pitches	2 & 3
	Cricket	Y10	Outdoor Cricket Nets & Field	Pavilion
	Fencing	Yr 9-13	Sports Hall	8
	Tennis	Yr 7&8	Astro	4 & 5
After School 15:40-18:00	Rowing	Yr 8/10/12/13	Longridge	1

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FRIDAY				
Time	Activity	Age Group	Location	Changing Room
Break 11:40-12:10	Badminton	Yr 8	Sports Hall	8
	Fives	Yr 7	Fives Court	n/a
Lunchtime 13:25-14:15	Recreational Gym	Yr 9-13	Gym	9 & 10
	Multi Activity	Yr 9&10	Sports Hall	8
	Fives	Yr 12-13	Fives Court	n/a
	Athletics Club	Y7-Y10	Main Field	4 & 5
After School 15:45-17:00	Cricket	Yr 8	Outdoor Cricket Nets & Field	Pavillion
After School 15:40-18:00	Rowing	Yr 8/9/11	Longridge	1

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12 June - 14 July 2023

SATURDAY

Activity	Age Group
Rowing @ Longridge 08:00-10:00 10:00-12:00 12:00-14:00 14:00-16:00	Yr 8, 10, 12, 13 Yr 8, 9, 10 Yr 9, 11 Yr 9, 12

SUNDAY

Activity	Age Group
Rowing @ Longridge 10:00-12:00 12:00-14:00 14:00-16:00	Yr 8, 11, 12, 13 Yr 8, 9, 10 Yr 8, 9, 11