

September 2019

Dear Parent / Guardian,

**Year 7/8 Cookery Lessons**

As part of the Design Technology curriculum, your son will study one module of Cookery in the autumn, spring or summer term of Year 7 and Year 8. In addition to cooking a variety of healthy and exciting dishes, your son will develop other valuable life skills such as weighing and measuring, food hygiene, safety in the kitchen and basic nutrition.

A module normally runs over a 12-week period, with one 75-minute double lesson each week. Your son will prepare and cook food every second week, with a preparatory / theory type lesson between each. Your son will be expected to bring his recipe file to each lesson and this will be provided to him at the start of the module. He should also ensure that he brings two sealable tupperware food containers with him on the days that he will be taking food home. This is to safely separate cooked items that are dry from those that are wet. He will not need an apron as this will be provided.

We appreciate that some of our students will be vegetarian, have allergies, or may choose not to eat certain types of food for religious or cultural reasons. Your son will be asked to state any such requirements at the start of the module and we would also ask that you confirm this in writing by returning the tear-off slip, at the bottom of this letter, to his teacher, Mrs Crownshaw.

Your son will not be asked to bring any food into school as it will be provided for him when needed. To cover the cost of the food and other small items which your son can consume after making or may bring home with him, we would ask that you provide a payment of **£12.50** via Parent Pay. (**Account: Cookery Year 7/8**). If you are unable to pay online, please contact the Finance Office promptly to pay by an alternative method.

We endeavour to purchase food that is fresh, healthy and responsibly sourced, while at the same time being good value for money, thus keeping parental contributions to a minimum. We wish all our students to enjoy the same opportunities. However, we understand that for some families this extra expense may present some difficulty. If this is the case, please feel free to contact me either by e-mail: [dpm@rgshw.com](mailto:dpm@rgshw.com), or by telephone: 01494 524955, ext. 234.

**Please return the tear-off slip (if dietary needs are applicable) and kindly arrange payment of £12.50 by Friday 20 September 2019.**

I am confident that your son will greatly enjoy his Cookery lessons and gain considerably from this opportunity.

Kind regards,

**Dave Marshall**

**Subject Leader for Design Technology**

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**To Mrs Crownshaw - YEAR 7 / 8 COOKERY: DIETARY REQUIREMENTS / ALLERGIES**

Student's full name (BLOCK CAPITALS) .....

Form.....

Dietary requirements / allergies .....

Signed.....

Date.....