



***Try Squash and  
Racketball for free!***

***Open Weekend***

***Saturday 29th Sept - 14:00 to 16:00***

***Sunday 30th Sept - 10:00 to 16:00***

***Equipment and coaching provided***

***One month's free trial membership available***

***For more information please contact Lynn O'Regan  
at [membership@hgsrc.co.uk](mailto:membership@hgsrc.co.uk) 01494 714442***