

Providing sporting opportunities for children and young people with disabilities

A local charity based in High Wycombe

Classes for different ages running after school on weekdays for about 50 mins

Classes include: ball skills, football, swimming, basic gymnastics, tennis and cricket

Small classes (up to 10 in size) with volunteers giving one-to-one support as needed

All classes are run by qualified sports coaches

Local venues such as Wycombe Leisure Centre and School Sports Halls

WE NEED VOLUNTEERS FROM LOCAL SCHOOLS TO SUPPORT OUR MEMBERS AT CLASSES DURING TERM TIME.

What you give:

An hour a week of your time Consistent support to a child/young person with disabilities Making a difference to children with few other sporting opportunities Celebrating small improvements Support to parents/carers as they see their child improve and develop Kindness n:

What you gain:

Hugely rewarding volunteering opportunity every week Developing a personal culture of helping others Adding to your CV and life experience Being part of a volunteering community with shared interests

We hope to restart our classes in the autumn term as soon as the easing of lockdown permits.

We need to recruit a "Bank" of new volunteers who are keen to be involved and whom we can call upon when we recommence.

Please visit our website - <u>www.horizonsportsclub.org.uk</u> and view the videoclips.

We really do need you! So if you are interested please contact our Operations Manager, Kirsty Middleton: <u>info@horizonsportsclub.org.uk</u> or contact your Head of Year at school who can pass on your details to us.

Many thanks and we look forward to hearing from you.