

Invitation to Next Gen You Rugby Camp This Summer 2025

I'm excited to announce the return of the **Next Gen You (NGY) Rugby Camp** for its third year this summer! Designed for boys aged 12–16 of all abilities, this camp is the perfect opportunity for aspiring rugby players to develop their skills, speed, agility, and game understanding in a dynamic and supportive environment.

Camp Details:

Dates: 29th–31st July 2025 Time: 09:00 – 15:30 Age Group: Boys aged 12–16 years old Location: Royal Grammar School, Amersham Road, High Wycombe, Bucks, HP13 6QT Coaching Staff: Led by Christian Wade — International rugby star, Former England & British & Irish Lions player, and Bucks native—alongside a team of highly qualified coaches.

REGISTER NOW



Why Choose NGY Rugby Camp?

NGY offers a **unique training experience** rooted in the principles of elite performance, mindset, and skill development. Participants will benefit from:

- · Expert coaching tailored to all ability levels.
- · Focus on core rugby skills, game strategy, and physical conditioning.
- A chance to train alongside like-minded peers in a fun, high-energy environment.

Whether you are looking to elevate their game, prepare for the season, or simply enjoy top-tier rugby coaching, NGY Rugby Camp provides an unforgettable experience!

How to Register:

Spaces are limited – secure your spot today! For more details or to book, <u>click here</u> or contact <u>rugbycamp@nextgenyou.org</u>



Don't want to miss out? Follow us on instagram below and stay up to date with registration information and more!

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