

October 2023

Dear Parents/Guardians

Year 11 Academic Evening for Parents

We're always looking for ways to support our students and wonderful parent community. As you know we work with Action Your Potential to support our students' mental health, learning progress and mind management.

Our aim is to support every member of our community to become a #NeuroNinja, to find out all about their amazing brain and enjoy and engage with life to the full. On **Wednesday 11 October** Andrew and Darren from Action Your Potential are running workshops for all our Y11 students focused on supporting them to get ready for their exam year. In these workshops for every Y11 student, they will be taught powerful habits to support learning, memory, revision and planning.

In addition, on the **evening of Wednesday 11 October** we are holding a short virtual Academic Evening from 19:00-19:45 where Action Your Potential will present to you the information that your son has had access to, so that you can also understand how your brain works and how best to support your son during this important year.

To sign up to the webinar <u>click here</u>. As a member of our school community you already have access to the #NeuroNinja Learning Hub. You can sign <u>up to join here</u> if you haven't already done so.

If you cannot attend the meeting but would like a copy of the recording, please do still sign up to the Zoom link above and a copy of the recording will automatically be sent to you a couple of days after the event.

Yours sincerely,

Sabrina Lawson Assistant Head

Andrew Wright Action Your Potential

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