

November 2018

Dear Parent/Guardian

Your son will be following a PSHCE (Personal, Social, Health and Citizenship Education) course throughout his school years at the Royal Grammar School. We believe this course to be of great value as it gives boys opportunities to develop an understanding of themselves and others by:

- exploring attitudes and feelings
- acquiring knowledge and developing skills
- appreciating a range of values
- acknowledging the effects of their actions
- learning to give and receive support

There will be 18 PSHCE lessons throughout the year and in Year 8 the course will include the following themes:

- Mindfulness
- Radicalisation/Legal and Human Rights
- Homelessness/Migrants
- Sex Education - Puberty
- Smoking, Alcohol, Drugs
- Anger Management

Although no homework is set in this subject, boys are encouraged to discuss issues with parents. If you have any questions about the course, please contact your son's PSHCE teacher.

Yours sincerely

Ms H R Munday
Assistant Head