

05/09/2019

September 2019

Dear Parents (Years 7 – 13)

We would be grateful if you could read the following medical information.

Health Care Plans

All students with a medical condition should have a Health Care Plan. If your son is in Year 7, or you have not completed a Health Care Plan recently for your son, please can you click on the following link or complete the Health Care Plan via the RGS app.

<http://www.rgshw.com/2922/parents/updating-student-medical-information>

Parents have a responsibility to update information with me as soon as there is a change in a medical condition or if your son develops a new one. Please note that if in the future you wish to update the medical information the School holds about your son, you can do this on the RGS App or by contacting me.

Asthma Inhalers

As per the RGS Policy, we require that your son carries his Salbutamol on him. We will store two inhalers in case of an emergency. If your son requires a school inhaler, you will be informed.

If you wish the school to store a spare inhaler for your son, it should always be sent into school in the original packaging, as dispensed by the pharmacist and including the prescriber's instructions. This enables us to see your son's name, the dose prescribed, the GP's name and expiry date. We expect parents to provide us with a new inhaler before the expiry date.

Epi-pen

For children who have a severe allergy and require the use of an Epi-pen in an emergency, we have been advised that we should always have one spare Epi-pen for him in school. As per the RGS Policy, your son is also required to carry an Epi-pen on him. We will store the spare Epi-pen for use in case of emergency.

If your son requires the use of his Epi-pen in school, parents will be informed immediately. We expect parents to provide us with a new Epi-pen before the expiry date.

Non-Prescribed Medication

The School will not provide throat sweets or indigestion tablets. If you wish indigestion tablets to be given in school these will need to be provided by yourself in the original packaging with written permission stating the reasons why your son will require such medication.

The School will provide paracetamol and antihistamines on a case-by-case basis. Ibuprofen will not be given to boys under the age of 16 years, unless specifically requested by parents. You will be informed of any medication given to your son by staff during the school day.

If your son is required to take these medications regularly, they should be taken before and after school. If the medication is required to be taken during school hours, you will need to provide this in the original packaging with written consent stating the reason why it is needed.

Ice Packs

We use reusable ice packs for students who need them and I ask the student to return the ice pack to me on the same day before leaving school. If your son comes home with an ice pack, please ensure that he returns it to me the next day otherwise I will need to ask for reimbursement.

Aerosols, Sprays and Perfumes Ban

Roll-on and stick deodorants are only permitted for use at school.

Many students and staff suffer from asthma, and a number suffer from severe allergies and anaphylaxis. Aerosols, sprays and perfumes can act as triggers for people who suffer from these conditions, resulting in symptoms such as asthma attacks, headaches including migraines, and in extreme cases, anaphylactic shock. For these reasons, aerosols and sprays are banned from the school premises and all excursions, after school activities and sporting events. We understand that for hygiene reasons your son may want to bring a deodorant into school or have one during a trip. For this purpose, boys can bring in a roll-on or stick deodorant.

Policy

I would be grateful if all parents could read the attached Supporting Students with Medical Needs Policy. This is also to be found on the School website.

End of School Year

At the end of the summer term, I am required to send home all the medication held in my office. I will send you information about this at the appropriate time.

Yours faithfully

Gina Barry
Matron