

6 May 2025

Dear Parents and Carers

### **GYM MEMBERSHIP - SUMMER TERM 2025 - YEARS 9-13**

All pupils in Years 9-13 have the opportunity to purchase a Gym membership. If your son doesn't already have a membership he may purchase one for the remainder of the school year for **£30**.

For leisure Gym users, it is a fantastic space to enhance general health & fitness levels, as well as all round well-being. All Gym members receive technical support from the Athletic Development Team, who are on hand to develop a tailored programme to help deliver individual long-term goals. The membership is further enhanced by the TeamBuildr App, which allows all members to remotely access their goals, track progress, know their strength thresholds and interact with teammates. videos and leaderboards, as well as allowing better coach-athlete feedback.

To purchase the membership, please visit ParentPay. All monies from Gym memberships will be reinvested for its future development. Last year we invested in new exercise bikes and slam balls.

If you feel that the cost is prohibitive, please feel free to contact me in the strictest confidence, as there may be funding available.

Yours sincerely

**James Honeyben**

**Director of Sport and Head of Rugby**

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