

October 2023

Dear Parents/Guardians

Academic Evening - Year 8 Presentation Notes

It was so wonderful to see so many of you at the Academic Evening for Y8 last Tuesday evening. As promised please find below the resources from the evening. As parents at RGS you all have access to the #NeuroNinja Learning Hub and [can sign up here](#).

Your children were wonderful, asking lots of questions and responding really positively. In the session with you in the evening we added some extra parts, just for you, about the 12 Rocks of Well-Being and how to manage the worry system.

Here is a copy of [the presentation](#) we used and the [booklet](#) that all Year 8s were given.

We are always interested in your feedback and would appreciate it if you would take the time to fill in this short [form](#).

Yours sincerely,

Sabrina Lawson
Assistant Head

Andrew Wright
Action Your Potential

Royal Grammar School

Telephone

Email Headmaster

Amersham Road

01494 524955

admin@rgshw.com

Philip Wayne

High Wycombe

Buckinghamshire

Facsimile

Website

HP13 6QT
07492198

01494 551410

www.rgshw.com

Registered No.