



**Buckinghamshire  
Council**



Autism Early Support®



## **The Parent's Portal – a free online support tool for Buckinghamshire parents**

To provide early help and guidance and an online community of support, Buckinghamshire Council have partnered with specialist local charity Autism Early Support, to offer parents unlimited access to The Parent's Portal.

This is a self-guided learning tool, designed for parents of children aged 2-17 years who:

- Have noticed differences in their child and they're exploring neurodivergence.
- Have Googled, 'is my child autistic?' or 'what is ADHD?'
- Have an autistic child(ren).
- Are awaiting a neurodevelopmental assessment.

*Since its launch on 1 December 2024, nearly 700 Buckinghamshire families have signed up.*



**Scan the QR code to register or visit  
[portal.autismearlysupport.org.uk/bucks-registrations](https://portal.autismearlysupport.org.uk/bucks-registrations)**

# Using the Parent's Portal

The Parent's Portal by AES is an online resource that contains:

- **Resources to watch and read**- A multimedia library of information available to view and download, available 24/7, covering topics such as reasonable adjustments to school distress, neurodiversity and SaLT, and use of medication.
- **Live workshops and parent support groups** - Interactive sessions on key topics, bookable in advance, and delivered by speakers with lived experience and professionals in the field.
- **Discussion forums** - Exchange ideas and perspectives with parents and practitioners.

## Recent feedback from parents:

**94%** of parents felt they had a better understanding on topics after attending workshops.

**82%** felt better equipped to support their child or young person.



The resources are split into four sections:

- Understanding my child
- Supporting my child with education
- Supporting my child at home
- Family relationships and sibling support

No referral is required for families to use the Parent's Portal, and registration with Autism Early Support is simple and straightforward.



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