

24/10/2019

Dear Parent/Carer,

## NEWLY REFURBISHED GYM REOPENS...

We are now in the exciting position of being able to open the newly enlarged and improved Gym. Bearing in mind the amazing upgrade of this facility, and with the English winter looming, we aim to have it filled as often as possible with as many students as possible in curriculum time, from Year 7 all the way up to Year 13. In addition, we want to offer our students in Years 9-13 the opportunity to use this fantastic facility outside lesson time.

In order to open and sustain such an extraordinarily well equipped and large fitness area, we must ask for a membership fee to be able to keep it open and used as often as possible. During opening times, the Gym will be managed and overseen by a highly qualified Strength and Conditioning expert, who will be able to offer advice and ensure that incorrect or dangerous training does not occur. If your son is in a sports team, he can receive a specialised training programme to follow, which will be sent to his phone. If not, he can ask for a suitable programme to meet the needs of his individual goals.

The opening times for members will be 13:30–14:20 every lunchtime and from 15:40-17:15 after school every weekday.

The membership fee will go towards the maintenance of equipment, the purchasing of new equipment and the enhancement of the overall area to make it as functional and inspiring as it can be. We have the space to comfortably train up to 60 students at any time so overcrowding (which has been a problem in the past) should no longer occur.

The fee has been set at  $\pm 90$  for the year. This can be paid via Parentpay. Each paying member will receive an electronic key card that will give him access to the Gym during the times stated previously. It also allows us to track who is using it and when. Once you have made the payment, you should print the ticket and give it to your son to take to Resources, where he will be able to pick up his card.

If you are a weekly or full boarder membership is half price, therefore  $\pounds 45$  for the year. Please ensure you pay for the correct membership on the website.

It is the policy of the School that pupils should not be prevented from taking part in school activities due to financial reasons. If you feel that the cost involved is prohibitive, please feel free to contact me in the strictest confidence, as there may be funding available.

Thank you for your continued support of the co-curricular sports provision at the RGS.

Yours sincerely

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