12 February 2026

Dear Parent/Carer,

Remote disabling of Chromebooks

We have noticed that some students are using their Chromebooks late into the evening, well past a recommended bedtime. This can impact their sleep and overall wellbeing.

To help ensure all students get a solid night's sleep, the school is offering to remotely disable access to their Chromebooks during set overnight hours.

While we strongly recommend that students are device-free for at least an hour before going to sleep, we have established standardised blocking times that represent the absolute latest we feel students should be on their devices. These times, which apply to both weekdays and weekends, are:

- **Year 7 -** 10:30pm - 7:00am
- **Year 8 & 9 -** 11:00pm - 7:00am
- **Year 10 -** 11:30pm - 7:00am

Please note that we cannot offer bespoke times for individual students or vary the schedule by day. We have selected these times to suit the needs of all families. However, many parents may feel it appropriate to stop device use earlier than the above. As a school, we fully support this and the times selected are not an expectation that students should be using devices until that time.

If you would like to sign up to have your child's Chromebook access blocked during these hours, please complete the form **here**.

Yours sincerely,

Mr D Durning
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