



Buckinghamshire Family Learning

Help your Child to Manage their Wellbeing with these FREE Online Workshops

- **Help your Child to Manage their Behaviours – Years 7, 8 & 9**

Would you like to find activities and information to help you to have positive conversations with your child about homework, school and home expectations?



Monday 24 April, 6pm-8pm
Monday 15 May, 6pm-8pm

- **Help your Child Cope with Stress and Anxiety – Years 10 & 11**

Are you worried about your child's wellbeing?
Are they anxious or stressed?



Tuesday 25 April, 7pm-9pm

To book your place, please click on the link or the QR above, or phone the Enrolment Team on 01296 383582

For more information, text Kathryn on 07770 641997, with your name and the course date



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