

## Buckinghamshire Family Learning



## Support your Child's Mental Health and Wellbeing Y10&11

Monday 13 October, 7-9pm, online



Join this 1-week, online workshop to help your child develop confidence, manage stress, anxiety and friendships.

To book your FREE place, phone 01296 383582 with code FMWB022 1ONA, click on the link or scan the QR code.









