



Summer Activities

To help keep you stimulated during this period and over the summer holidays, York College Careers Team have pulled together a list of interesting MOOCS (online learning courses) from Future Learn for you to scan and to take part in any that take your fancy. These are a really great way of expanding your knowledge, skills and placing additional information on your C.V. to help you to stand out to employers. It shows that you are motivated, committed and proactive with your learning and can organise your time productively and are proactive. If nothing takes your fancy, then why not have a scan yourself and see what's on offer? https://www.futurelearn.com/. Also there are other activities below that you may also want to have a peak at ©

A-level Study Boost: Unseen Poetry and the Creative Process

Discover effective techniques to analyse unseen poetry and learn about the creative writing process.

https://www.futurelearn.com/courses/a-level-study-unseen-poetry

How To Make A Poem

Learn how to 'make' your own poetry by exploring different poetic techniques and styles

https://www.futurelearn.com/courses/how-to-make-a-poem

An Introduction to Screenwriting

This online course explores the key concepts and fundamental principles involved in the process of screenwriting.

https://www.futurelearn.com/courses/screenwriting

Explore Filmmaking: from Script to Screen

Learn from award-winning filmmakers how films go from script to screen with this film production course from the BFI Film Academy.

https://www.futurelearn.com/courses/explore-filmmaking

Introduction to Production Design for Film and Screen

Explore the craft of Production Design with award-winning filmmakers and learn how it adds meaning and depth to screen stories.

https://www.futurelearn.com/courses/production-design

Explore Animation

Learn animation techniques, including stop motion, 2D, CGI and pixilation, with award-winning animators, in this NFTS course.

https://www.futurelearn.com/courses/explore-animation

Persistence of vision: how does animation work?

https://www.futurelearn.com/courses/explore-animation/0/steps/12222

Principles of animation

https://www.futurelearn.com/courses/explore-animation/0/steps/12228

What do we mean by cinematic story and form? Michael Lengsfield starts by taking a broad look at screen stories. https://www.futurelearn.com/courses/screenwriting/0/steps/10486

Digital Skills: Social Media

Learn how to use social media for business, from creating a social media presence to measuring success.

https://www.futurelearn.com/courses/digital-skills-social-media

Electrical Engineering: Sensing, Powering and Controlling

Get a taste of an electrical engineering degree. Build your confidence in communicating ideas and using technical vocabulary.

https://www.futurelearn.com/courses/electrical-engineering

ABC of Flight Mechanics: How Do Planes Fly?

Discover how airplanes work and explore simple flight mechanics: from take-off and landing, to the physics of flight.

https://www.futurelearn.com/courses/flight-mechanics

The Science of Nuclear Energy

Discover the science behind nuclear energy and its role in energy provision in the past, present and future.

https://www.futurelearn.com/courses/the-science-of-nuclear-energy

Discovering Science: Atmospheric Chemistry

What can we learn about Earth, and other planets in and beyond our solar system, by studying their atmospheres?

https://www.futurelearn.com/courses/discovering-science-atmospheric-chemistry

Biochemistry: the Molecules of Life-

Explore the impact of biochemistry on bioenergy and health, discovering why graduates are in demand; with the Biochemical Society.

https://www.futurelearn.com/courses/biochemistry

Forensic Psychology: Witness Investigation

Discover how forensic psychology helps obtain evidence from eyewitnesses in police investigations and prevents cases of injustice

https://www.futurelearn.com/courses/forensic-psychology Starts on 13th July 2020

Incarceration: Are prisons a suitable punishment?

Explore life inside UK prisons. Learn whether this type of punishment reduces crime and if rehabilitation can prevent reoffending.

https://www.futurelearn.com/courses/incarceration-prisons-suitable-punishment

Sport for Sustainable Development: Designing Effective Policies and Programmes

Explore the ways in which sports can actively contribute to the advancements of the Sustainable Development Goals.

https://www.futurelearn.com/courses/sport-for-sustainable-development

How to Write Your First Song

Get a practical introduction to the mechanics of song writing and meet established songwriters with this free online course

https://www.futurelearn.com/courses/songwriting

The five elements of music

https://www.futurelearn.com/courses/songwriting/0/steps/5711

Looking inside a song https://www.futurelearn.com/courses/songwriting/0/steps/5710

Making Music with Others

Get an introduction to group music-making and the social contexts in which musicians participate.https://www.futurelearn.com/courses/making-music

English in Early Childhood: Language Learning and Development

Discover how very young children learn English as an additional language and how you can help them progress.

https://www.futurelearn.com/courses/english-in-early-childhood

Introduction to Nursing: The Role of Nurses Around the World

Understand the role of nurses: from personal care, to supporting families and communities, to public health and infection control. https://www.futurelearn.com/courses/nursing - Check the dates for this- next one is the 3rd of August.

Care Home Nursing: Changing Perceptions

Challenge your opinion of what it's like to be a care home nurse and understand their importance and varied responsibilities.

https://www.futurelearn.com/courses/nursing-care-homes

Introduction to Nutrition and Food Safety

Learn the basics of nutrition and understand what foods can harm us. https://www.futurelearn.com/courses/nutrition-food-safety

Mindfulness for Wellbeing and Peak Performance

Learn mindfulness techniques to reduce stress and improve your wellbeing and work/study performance in this online course.

https://www.futurelearn.com/courses/mindfulness-wellbeing-performance

How to Succeed at: Interviews

This free three week course provides the tools you need to succeed at interviews and land your dream job or course place.

https://www.futurelearn.com/courses/interviews

What to wear at interview https://www.futurelearn.com/courses/interviews/0/steps/5419

Top video interviews As with telephone interviews, video interviews are becoming more popular with organisations and institutions as part of the recruitment process.https://www.futurelearn.com/courses/interviews/0/steps/5430

How to Succeed at: Writing Applications This free three week course will help you produce a perfect CV, application and online profile when applying for a job or course. https://www.futurelearn.com/courses/writing-applications

Use STAR Use the 'STAR' technique to help you structure your answer: https://www.futurelearn.com/courses/writing-applications/0/steps/5405

Improve your digital footprint: Social media offers great opportunities to develop your employability and many employers are now using it to find new recruits. Social media could play an important role in helping you find a job, therefore it's essential you know how to use it to your advantage. https://www.futurelearn.com/courses/writing-applications/0/steps/5393

Here are some other activities that you may wish to have a go at to help keep you engaged and stimulated ©

The Big Guide to C.V Writing:

https://targetjobs.co.uk/careers-advice/applications-and-cvs/667275-the-big-guide-to-cv-writing-make-our-template-your-own

Observe GP Observe GP is an alternative to work experience for aspiring medics aged 16 and over, who are living in the UK. It is a free interactive video platform providing insights into the role of a GP and the wider primary care team.

https://www.rcgp.org.uk/training-exams/discover-general-practice/observe-gp.aspx?fbclid=lwAR1WFg9Q3UsJa1UzPbsQTWpdh--7p09kaEuxot8yK7bsxaKEAayUL CCxpM

Virtual Work Experience: This course provides a 'virtual' work experience for those looking to apply to medical school. You will be introduced to the NHS before exploring the roles and skill sets of six different medical specialists. Along the way, you will also consider some of the challenges and wider issues doctors face.

https://bsmsoutreach.thinkific.com/courses/VWE?fbclid=IwAR3YSZ1eECM6YN5XUHPo7SMkq0BfOrNoN7Ab-WYiOJwDWSnTsLwJNI7EADg

Research what it is like to work for the NHS with REAL LIFE stories: research to help you gain a deeper insight into the work of different roles in the NHS to help with careers planning. https://www.stepintothenhs.nhs.uk/careers/real-life-stories?fbclid=lwAR25QlAriW8YgjxbqQCqEkVi3ZECKJ-2ieRt2vTXI2V1rZZPYh97rSjCQiw

Explore different roles in the NHS: Subscribe to Health Careers on Youtube to see what the professionals say about their different roles:

 $\underline{https://www.youtube.com/channel/UCxGgYSuq0XR0siPOJVq8trQ}$

Investigate the abundance of jobs within The NHS: 350 Careers, One Future: https://www.healthcareers.nhs.uk/career-planning/resources/350-careers-one-nhs-your-future-0?fbclid=lwAR1RFCzxGhG75Gl0AsPMog3mGlRcKRLdRqZ-7juMoqdXSPk1QqJ_4SrpJHQ

Virtual Work Experience: Freeformers Virtual Work Experience gives you a unique opportunity to gain work experience in a company that you might not normally get access to while highlighting the essential skills you might need. You'll get to see the inner workings of Freeformers, a 'digital transformation' agency, and actively work with different departments on one exciting project, helping them solve problems and complete real-life tasks.

https://barclayslifeskills.com/i-want-virtual-work-experience/school/virtual-work-experience/?fbclid=lwAR1RFCzxGhG75Gl0AsPMog3mGIRcKRLdRqZ-7juMoqdXSPk1QqJ_4SrpJHQ

Virtual Work Experience for Law Students: https://www.thelawyerportal.com/free-guides/law-work-experience-for-law-students/?fbclid=lwAR1RFCzxGhG75Gl0AsPMog3mGlRcKRLdRqZ-7juMoqdXSPk1QqJ4SrpJHQ

https://www.insidesherpa.com/virtual-internships/prototype/HECBn5zqCvBpAXitG/White-&-Case-UK-

<u>Programme?utm_source=social&utm_medium=(organic)&utm_term=&utm_content=&utm_campaign=</u>

Virtual work Experience for students interested in Architecture and Design: https://workexperience.hfm.co.uk/

Look into the different ways of finding job vacancies: https://nationalcareers.service.gov.uk/get-a-job/advertised-job-vacancies#newspapers

Research how to find a job by Networking: https://nationalcareers.service.gov.uk/get-a-job/networking

Interview Advice: https://nationalcareers.service.gov.uk/get-a-job/interview-advice

How to answer common interview questions: https://nationalcareers.service.gov.uk/get-a-job/top-10-interview-questions

Check out LearnLive UK for an abundance of information videos and live events from different industries and careers: https://learnliveuk.com/channel/

Research Higher and Degree Apprenticeships:

https://www.gov.uk/government/publications/higher-and-degree-apprenticeships

Take a look at and download The Young Professionals APP everything you need to find an apprenticeship or work experience scheme, all in one place. https://young-professionals.uk/

Look at the Youth Employment UK website and become a Young Professional to get support and boost your employability skills: https://www.youthemployment.org.uk/young-professional-training/

Check out Careers Badge: videos on Youtube providing an insight into some different careers https://www.youtube.com/channel/UChqEC5PXz1nEOKIlczXkFSQ?view_as=subscriber&fbclid=lwAR 0c5pwaR70xcC4L2oO6v46qtMZVprswoNZktnp0Bczu_qy298PwW9G9O0Y

Go to The Oak Academy and complete their work experience videos from Monday giving you important information on employability skills and how to market yourself, project planning, HR and Recruitment: https://classroom.thenational.academy/year-groups/year-10/work-experience

Fancy Journalism as a career? Piers Morgan welcomes launch of NCTJ virtual summer school:

https://www.nctj.com/latestnews/piers-morgan-welcomes-launch-of-

nctj-summer-school

Sign up to Career Map and take advantage of their free careers magazine: suitable for parents, students and graduates.



https://careermap.co.uk/subscribe-to-careermag/?fbclid=IwAR3O4dmP9PvKegNcbmmNJBRWxISIZsQP7Bi6HOnxS0zuFqPJU5Nde q8S5A

Ten skills you might not know you had https://www.bbc.co.uk/bitesize/articles/zfpxt39

Students interested in anatomy, biology and maybe thinking of medicine. They have some online free live sessions every Tuesday and Thursday at 10.00a.m

https://www.premedprojects.co.uk/premed-projects-live-tv?fbclid=lwAR2H9h_lpPvPhGq71y68G8t5XMUeKQhZ19JTU_5SlaZH5q78VJlwyHv1Pg0

The Nine to Five with Stacey Dooley: Advice and Stories from Stacey Dooley and five 16-18 year olds on the ultimate work experience: https://www.bbc.co.uk/iplayer/episodes/p06zhf9j/the-nine-to-five-with-stacey-dooley

https://www.bbc.co.uk/bitesize/articles/zkgbhbk

The Nine to Five with Stacey Dooley



The low-down on apprenticeships https://www.bbc.co.uk/bitesize/articles/z4n7kmn

What is a degree apprenticeship and is it right for me? https://www.bbc.co.uk/bitesize/articles/z7mrf4j

Four jobs that could save the planet https://www.bbc.co.uk/bitesize/articles/zm63xyc

Do some research on careers, assess your skills:

ervice.gov.uk/" https://nationalcareers.s ervice.gov.uk/

Getting a job in production: https://www.bbc.co.uk/careers/help/getting-a-job-in-production

Look into different jobs within the creative careers sector:

https://discovercreative.careers/#/

There's a career for you in the creative industries

I want a creative careers what are my options?

 $\underline{https://targetcareers.co.uk/careers-advice/choosing-your-career/313433-i-want-a-creative-career-what-are-my-options}$

Everything Hair and Beauty: https://www.hairandbeautyjobs.com/careers/job-profiles/

https://www.youthemployment.org.uk/careers-hub-sector/hair-and-beauty/

Have a listen to some podcasts and keep up-to-date with the new podcasts covering career related topics:

https://anchor.fm/amy-b13

https://anchor.fm/apprentice-talks

Capgemini have created a mock digital interview for students. Digital Interviews are the norm for at least the initial stages of recruitment so this is a chance for the students to check it out and see what its like. https://capgemini.hirevue.com/signup/j23gtr78S5GSvJv4L66chJ/

Rhod Gilbert's Work Experience Nine Series of work experience placements explored by Rhod Gilbert. Over 30 career areas to chose from including fighter pilot, zookeeper, builder, Journalist, Hairdresser, care worker and many more. You can select the episode of interest by clicking on the picture above. https://www.bbc.co.uk/programmes/b00zf3m1

Don't forgot to browse Eventbrite for free webinars on a variety of career-related topics by entering key words in the search bar: https://www.eventbrite.co.uk/

Uptree are great: https://www.eventbrite.co.uk/d/online/free--family-and-education-events/uptree/?page=1

UCAS information and guidance: https://www.eventbrite.co.uk/d/online/free--family-and-education--events/ucas/?page=1

Considering University? Visit the UCAS website to find links to virtual open days and information to support you with your application https://www.ucas.com/undergraduate/what-and-where-study/events-and-open-days

Not sure of what your career could be?

https://www.ucas.com/careers/buzz-quiz

https://www.prospects.ac.uk/job-profiles

Free courses from Open Learn that may take your fancy and be an additional success to your C.V https://www.open.edu/openlearn/free-courses/full-catalogue

Start planning your career – download the resource pack and complete the 8 week course to help you assess your skills and plan your next steps:

https://www.open.edu/openlearn/ocw/mod/oucontent/view.php?id=20018

https://www.goconstruct.org/ Careers in construction

http://www.skillsforcare.org.uk Careers in care

https://www.lantra.co.uk/ Careers with animals, plants and the environment

https://www.thetechpartnership.com/ The IT sector

<u>http://www.futuremorph.org/</u> Science, technology, engineering and maths careers

https://tomorrowsengineers.org.uk/ Engineering careers

http://www.sciencecareerpathways.com/home/ Science careers

https://ccskills.org.uk/careers Creative careers

https://creativeskillset.org/ Screen based careers (tv, film, digital)

http://careers-in-business.com/ Business careers

https://www.lawcareers.net/solicitors/workplacementSchemes Careers in law

https://motorsport.nda.ac.uk/ Careers in motorsport

https://www.airbus.com/ Careers in Aerospace

Careers in the RAF:

https://www.raf.mod.uk/recruitment/find-your-role?gclid=Cj0KCQjw0Mb3BRCaARIsAPSNGpXJ970rd-U-Ltsju1onidDvY0Lfg8Ar1mWvkmv46o9xGKw5CRVO7owaAkfKEALw wcB

Careers in the army:

https://apply.army.mod.uk/base

https://apply.army.mod.uk/how-to-join/entryoptions/soldier-junior-

entry?gclid=Cj0KCQjw0Mb3BRCaARIsAPSNGpVZzAbHfQ6dTHXCdWdFiNbd4aP11F2fXNA0yM_EhqQCmU3Om74zAeAaAvtLEALw_wcB&cid=semp2556812476&utm_medium=PaidSearch&utm_source=Google&utm_campaign=BLG18-JuniorEntry&utm_content=TextAd-

College&ef_id=Cj0KCQjw0Mb3BRCaARIsAPSNGpVZzAbHfQ6dTHXCdWdFiNbd4aP11F2fXNA0yM_Ehq QCmU3Om74zAeAaAvtLEALw_wcB:G:s&s_kwcid=AL!8141!3!357790206956!e!!g!!harrogate%20arm y%20college&gclsrc=aw.ds

Great website for automotive industry : http://www.autocity.org.uk/

Applying For An Apprenticeship: A Cheat Sheethttps://creativealliance.org.uk/applying-for-anapprenticeship-a-cheat-sheet/

ITV work experience explained- http://www.itvjobs.com/denied/work-experience/

<u>Building Engineering Services Association Training (BESA Training)</u> is the main apprenticeship training provider for the Building Services Engineering sector which covers heating and ventilating, air conditioning, refrigeration and electro-technical industries. https://www.thebesa.com/training

<u>Engineering Construction Industry Training Board (ECITB)</u> for craft and technician apprenticeships in engineering construction, from welding to electrical and mechanical maintenance. Visit their main site or <u>Engineering Construction Careers</u>, their careers website. https://www.ecitb.org.uk/apprenticeships-careers/

<u>Become a Plumber</u> is the plumbing apprenticeships website of the trade association http://www.becomeaplumber.com/

For those interested in the police force:

https://recruit.college.police.uk/Pages/home.aspx

https://recruit.college.police.uk/Pages/home.aspx

https://www.joiningthepolice.co.uk/

https://www.westyorkshire.police.uk/jobs-volunteer/police-officers/police-officers

https://www.leedstrinity.ac.uk/media/site-assets/documents/iag-conference/police-apprenticeships-presentation.pdf

https://www.theuniguide.co.uk/leeds-trinity-university-l24/courses/professional-policing-ba-hons-2020-0cef7b84842d

The 20 Best Careers in Hospitality https://www.careeraddict.com/hospitality-jobs

SideQuest is a new initiative for 13-19-year-olds to learn a range of key practical and workplace skills during lockdown through designing and building videogames. The scheme is set up by the youth games career service, Into Games and the national trade body, UKIE. Participants will be able to take part remotely, with free software, curriculum mapped worksheets, online tutorials and a community of fellow game builders on the social platforms Twitch and Discord.

Those that take part will have to build a game from scratch in 7 days to a theme set by a well-known UK games studio, during the week, industry professionals will stream masterclasses, tips and careers advice, offering a creative way to develop students understanding about careers in the sector

https://www.sidequest.org.uk/

Enjoy the pack, hopefully there is something for you!
Remember, should you need any support or guidance with anything careers or course related, do get in touch with us © careers@yorkcollege.ac.uk