

11/11/2019

Dear Parents

### **Physiotherapy Provision at RGS**

We are delighted to announce that Areté Performance will now be providing physiotherapy services at RGS as part of their role with the Sports Dept. With the additional support of a dedicated physiotherapist, we will be able to provide all pupils with an excellent in-house support network, to ensure they receive the highest level of medical care available when participating in sport.

This will be led by Jade Blake, who has a wealth of experience, having worked in the Rugby Championship with London Scottish, as well as currently supporting GB Judo.

She will also be running a private clinic once the redevelopment of the Performance Centre is completed, so the wider community will be able to take advantage of having such a high-level practitioner based at the School.

If you would like to contact Jade, her email address is [Jade@arete-performance.com](mailto:Jade@arete-performance.com).

The cost of a physio session is £50. RGSHW pupils receive a 10% discount on this price.

Kind regards

**James Honeyben**  
**Head of Rugby**