

June 2018

Dear Parents

An Important Safety Message from the Sports Department

Mouthguards

The Governing Bodies of Rugby and Hockey require school age international players to wear mouthguards. They also strongly recommend the wearing of custom fitting mouthguards at all levels. RGS policy is to adhere to these guidelines.

We have asked TITAN to give all boys the opportunity to have a **dentally fitted** mouthguard at a reasonable cost. These will be fitted in The Space on **Monday 10th September** 2018 from 0930. A list of appointment times will be displayed on the Rugby noticeboard in the PE Corridor in the preceding week.

TITAN visits a substantial number of schools, and provides the following service:

- A **qualified dental professional** to take the impression*
- A **named mouthguard** delivered approximately a week after the fitting

***Please note that TITAN do not cater for students with a fixed orthodontic brace. These students should contact their own dentist.**

In order to take advantage of this service please:

1. Go to www.titanguards.com
2. Click on 'Shop Schools, Clubs and Individuals'
3. Click on 'Shop Schools' and select RGS High Wycombe from the list
4. Complete the pre-order form **BEFORE Saturday 1 September**

In all cases please deal directly with TITAN and not the School.

Finally, if your son already has a mouthguard, please check that it fits. Your child's growth can prejudice the fitting and effectiveness of a mouthguard.

Yours sincerely

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