

September 2019

Dear Parent/Guardian

Your son will be continuing a PSHCE programme throughout Year 11. This will include Careers, Relationships and Sex Education, Citizenship, and Economic Awareness.

PSHCE is an important part of the curriculum as it gives boys opportunities to develop an understanding of themselves and others by:

- exploring attitudes and feelings
- acquiring knowledge and developing skills
- appreciating a range of values
- acknowledging the effects of their actions
- learning to give and receive support

The programme will be delivered throughout the year in various ways which will include assemblies, extended tutor time, and dropdown sessions where the timetable is collapsed. In Year 11 the programme will include the following themes:

- The Media
- Citizenship and Human Rights
- Government Finances
- Emotions - Stress, Grief
- Relationships and Sex Education as well as sexual health
- Child Sex Exploitation
- Testicular Cancer
- Choices at 16+/18+ and Higher Education
- Gap year opportunities
- Student finance

We do believe that all the topics covered in PSHCE are of great value and we hope that you and your son will be in agreement. If you do want to enquire about the content of the programme, or if you have any questions, please contact me at [rag@rgshw.com](mailto:rag@rgshw.com).

Yours sincerely

**Mrs R A Gilyeat**  
Subject Leader for PSHCE