

**World Challenge Expeditions  
Royal Grammar School  
Residential Activities, Biblins April 2008**

**Team 1**

<b>Time</b>	<b>Day 1</b>	<b>Day 2</b>	<b>Day 3</b>	<b>Day 4</b>		
early		Breakfast	Breakfast	Breakfast and decamp		
0900		<b>Adventure Trek</b> During this session your team leader will help you further develop your navigation and teamwork skills. The session will include problem-solving scenarios such as "Lost and Found" or "First Aid". The scenarios will be given to you by the Team Leader who will train you in how to solve them.	Transport to Symonds Yat	<b>Wilderness Survival Session</b> to include Shelter building and camp craft		
0930			<b>Climbing session.</b>		Transport to Biblins Packed Lunch <b>Kayaking session</b>	
1000						
1030						
1100						
1130						
1200			<b>Arrive and introduction*</b> <b>Expedition planning and preparation**</b>	<b>Cook evening meal</b>	<b>Cook evening meal</b>	<b>Final Review</b> <b>Certificates</b> Depart
1230						
1300						
1330						
1400						
1430						
1500						
1530						
1600						
1630						
1700						
1730						
1800						
1830						
1900	<b>Orienteering Session</b>	<b>Evening Activity</b>				
1930						
2000						
2030						
2100	Daily review	Daily review	Daily review			
late	Camping at Biblins Campsite	Camping at Biblins Campsite	Camping at Biblins Campsite			

\*Welcome brief, orientation, ice breakers and contracts

\*\*This session will give you the opportunity to refresh and further develop the planning and basic expedition preparation skills, including the use of map and compass and route planning, kit allocation, budget and food requirements