



## Student/Staff Kit List: Residential Activities

4	T Shirts	<input type="checkbox"/>
3	Pairs loose fitting trousers/ jogging trousers (NOT JEANS)	<input type="checkbox"/>
1	Thick pullover or fleece jacket	<input type="checkbox"/>
2	Warm long-sleeved sweatshirt or equivalent	<input type="checkbox"/>
1*	Water and windproof jacket	<input type="checkbox"/>
1*	Waterproof trousers	<input type="checkbox"/>
6	Pair walking socks	<input type="checkbox"/>
6	Pairs underwear	<input type="checkbox"/>
1*	Pair walking boots	<input type="checkbox"/>
2	Pairs old trainers (one pair for water activities)	<input type="checkbox"/>
1	Pair Wellington boots (only needed if caving on itinerary)	<input type="checkbox"/>
1	Swim Suit	<input type="checkbox"/>
1	Sun hat	<input type="checkbox"/>
1	Pyjamas	<input type="checkbox"/>
1	Woollen hat and gloves	<input type="checkbox"/>
1*	Rucksack (25-35Litres, with padded shoulder straps)	<input type="checkbox"/>
2	1 Litre Water bottles (2 x 1L empty drinks bottles are fine)	<input type="checkbox"/>
1	Torch (or head-torch)	<input type="checkbox"/>
1	Towel	<input type="checkbox"/>
1	Sun cream and Insect Repellent	<input type="checkbox"/>
	Personal toiletries	<input type="checkbox"/>

### If Camping is on your itinerary please bring the following items:

1	Knife, Fork, Spoon	<input type="checkbox"/>
1	Bowl / Plate & Mug	<input type="checkbox"/>
1*	Sleeping bag	<input type="checkbox"/>
1*	Sleeping mat	<input type="checkbox"/>

Items marked with a \* can be provided by World Challenge if necessary and subject to availability. Please return the kit requirements form to us as soon as possible if you require kit as our stocks are limited.



## Residential Activities Kit Requirements Form

Name of Student:

Date of Course:

Equipment	Size (Continental)	Quantity	
		Walking Boots	Wellingtons (If caving)
Walking Boots/ Wellingtons	2 (34)		
	3 (36)		
	4 (37)		
	5 (38)		
	6 (39)		
	7 (41)		
	8 (42)		
	9 (43)		
	10 (45)		
	11 (46)		
	12 (47)		
Daypack	25ltr		
Sleeping Bags	-		
Sleeping Mats	-		
Waterproof Coats	<b>Size</b>	<b>QTY</b>	<b>Size</b>
	Age 7/8		S (Adult 38")
	Age 9/10		M (Adult 40")
	Age 11/12		L (Adult 42")
	XS (Adult 34")		XL (Adult 44")
Waterproof Trousers	Age 7/8		S (Adult 30")
	Age 9/10		M (Adult 34")
	Age 11/12		L (Adult 37")
	XS (Adult 28")		XL (Adult 40")

